

Severe Asthma Testimony

by: Codie-lyn Kahler

My son, Owen, was diagnosed with severe chronic asthma with cough variant at the age of 18 months. This means instead of wheezing during an asthma attack he would cough violently. He was tested multiple times for allergies and they always came back negative. He did not have allergic asthma. He had viral asthma, which means any virus would cause him to have a severe asthma flare. Very cold weather or very humid weather also irritated his damaged lungs. Owen's case was one of the worst cases his pulmonologist had ever seen. His asthma was so severe that he had over 13 courses of oral steroids in 1 year. A typical course would be 6-10 days of liquid prednisone. He also took daily inhaled steroids. Most of the medications he took were not approved for children and were created for adults with Chronic Obstructed Pulmonary Disease (COPD).

During a typical asthma flare Owen would cough severely and on the 3rd day he would develop a Croup. His airway would swell from coughing and he would need a dose of liquid epinephrine by nebulizer to keep him breathing. Nighttime was the worst for him and he would not be able to sleep through the night without coughing or having albuterol to open his lungs. All of our ER visits were made in the middle of the night. The doctor would also give him a strong steroid for the croup-cough and then 6-10 days of prednisone for the asthma. Once the steroid was finished he would still cough for another 2+ wks. He had excess mucus in his lungs which made him miserable. Even after the steroids, he would have trouble sleeping for several days.

In April 2012, we came to the Midwest Homeschool Convention and were introduced to Young Living Essential Oils. We were desperate to try anything to get him some relief. We didn't like giving him all of the medications that were over \$1,100.00 per month. Owen had an asthma flare in May of 2012. We gave him steroids and decided to use the oils on him. Owen's immune system was destroyed from all of the steroids. Anytime he was exposed to a virus he would catch it. At one time he was growing over 5 viruses at the same time! We started building his immune system with Ningxia Red juice and Immupro chewable tablets every day. We used Idaho Blue Spruce, Eucalyptus Blue, RC, Raven, Melrose, and the raindrop technique

Owen stayed healthy for months and had a small flare on October 7, 2012. This flare only lasted 3 days! In November we decided to stop using his inhaled steroid because he was doing so well. He was healthy for the rest of the fall and most of winter. In January, Owen had his 1st cold without an asthma flare since he was 18 months old! He has been extremely healthy and has been off all medications for 5 months and hasn't been on oral steroids for 11 months! That is amazing considering he averaged about 2 courses of steroids per month.

At his last visit with the pulmonologist, the Dr. was shocked. He could not explain the sudden improvement and lack of asthma. Owen proudly declared, "I DON'T TAKE YOUR MEDICINES NO MORE!" My son was healed of Severe Chronic Asthma using Young Living Essential Oil and he is now healthier than he has ever been.

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